



First Courses (Serves 2) £10 **Soups** (Serves 2) £6.00

Choice of Soups: Carrot with Coriander, Lentil with Cumin, Watercress with Crème Fraiche.
Twice-Baked Cheese and Chive Soufflés.
Chicken Liver Pate with Brandy.
Smoked Mackerel Pate with Horseradish.
Filo Pastry Parcels with Leeks, Sun-Dried Tomatoes and Feta Cheese.
Choice of Tartlets: Goats Cheese and Herb, Tomato and Red Pepper, Butternut Squash and Blue Cheese.

Main courses (Serves 2) £20 Meat/Fish Dishes £17 Chicken/ Vegetarian

Coq au Vin with Chicken Braised in Red Wine, Smoked Bacon and Mushrooms.
Aromatic Thai Green Curry with Chicken Fillets, Baby Corn and Coconut Milk.
Rosti-Topped Chicken and Tarragon Pie.
Chicken Fillets stuffed with Garlicky Cream Cheese and wrapped in Parma Ham

Beef Bourguignon with Red Wine, Smoked Bacon and Mushrooms.
Steak and Mushroom Pie.
Lasagne with Steak Mince.

Pork Normande with Cider, Apples and Celery.
Pork Tenderloin with White Wine and a Mushroom Sauce.
Lamb Tagine with Apricots.
Moussaka with Lamb Mince, Fresh Aubergine and a Ricotta Topping.

Venison Casserole, with Red Wine, Chestnuts and Juniper Berries.

Salmon Koulbiac with a Rice and Dill Stuffing in Puff Pastry.
Cornish Fish Pie with locally caught White Fish, Salmon and Smoked Haddock.

Roast Vegetable Lasagne. v
Bean and Pesto Hotpot. v
Lentil Moussaka. v
Butternut Squash and Chickpea Tagine. v
Root Vegetable and Nut Crumble.v
Mediterranean Vegetable Filo Pie. V
Dishes can be made vegan – please ask

Accompaniments (Serves 2) £6.00

Potato Dauphinoise layered with Cream and Garlic.
Spinach Gratin in Béchamel Sauce.
Cauliflower Cheese.
Seasonal Vegetables available on request.

Desserts (Serves 2) £10

Sticky Toffee Pudding with a Fudge Sauce.
Treacle Tart.
Chocolate Roulade.
Seasonal Fruit Crumble.
Bakewell Tart.
(All Served with Clotted Cream or Custard)

Cakes £9 – a generous 6 portions

Gingerbread.
Banana, Honey and Walnut Cake.
Lemon Drizzle Cake.
Chocolate Brownies.
Carrot Cake

All NV food is freshly cooked, chilled and delivered to your door. Minimum £40 order.
Please give at least 24 hrs notice. Reheating instructions included.

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